

Respectful Maternity Care - e-Module

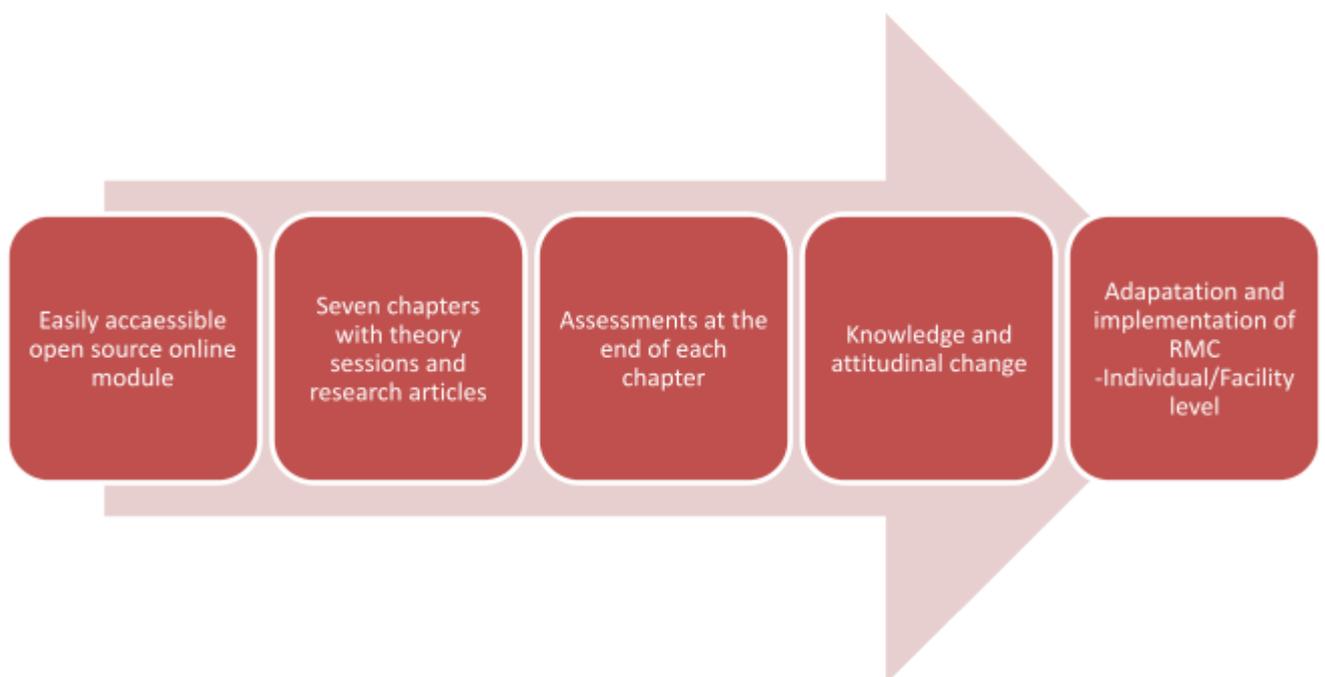
Background: Every woman and her family desires to have a joyful birthing experience. Hence the LaQshya guidelines, a labour room quality Improvement were laid to galvanize the teams/facilities to achieve positive maternal and neonatal outcomes and build trust and care between public institutions and the community. Improvement in the quality of interface between the beneficiaries and service providers in terms of language, behaviour and attitude is also an important component under this intervention ensuring respectful maternity care to women. Providing **Respectful Maternity Care (RMC)** to all pregnant women attending the public health facilities has been one of the objectives of the LaQSHYA initiative launched by the Government of India in 2017.

Aim: To bring a transformational change in imbibing Respectful Maternity Care by the healthcare providers through an e-learning platform and ensuring positive outcomes for the mothers and newborns thereby contributing to the cognitive development of the babies in the future. A solution for scalability.

Objectives

- 80% of the labour room and operation theatre quality circles are oriented to RMC protocols.
- Sensitization of staff on RMC and its monitoring.
- Achieving Measurable Elements (ME) as per LaQshya guidelines - **B 3.3** (The facility ensures the behaviour of the staff is dignified and respectful while delivering the services), **C 7.9** (The staff is provided training as per defined core competencies and training plan - Training on RMC), **G 4.2** (SOPs adequately describe processes and procedures-pertaining to LR processes pertaining to Privacy, Confidentiality, RMC, and consent).

Conceptual Framework



Key Features

- Well-defined theory sessions and brief summary of research articles
- Sharable and downloadable resources
- Analytics to know the progress
- Open discussion forum with experts
- Display of top performers in open platform

Link to the platform- <https://sphere.aastrika.org/page/home>

Instructor's Note:

Welcome to Respectful Maternity Care (RMC) Module.

This module would enable you to be a part of the voice that advocates for women's rights during childbirth and learn how to provide compassionate care to the mother during childbirth which is the most vulnerable and at the same time the most joyous phase of her life.

We are excited for you that you are part of this journey and look forward to your contributions to the learning community.

To begin, we recommend you take a few minutes to explore the course site. Review the material that would be covered each week and preview the assignments. You would need to complete all the assignments in all the chapters to get a certificate.

Good luck as you get started, and hope you enjoy the course!

Week - 1

Estimated Time: 7.30 Hrs

About this Course

In this introductory course, you would learn about the importance of RMC, including its impact on the quality of care provided to the mother and newborn and the 'Human rights of mothers in childbirth.' You would also learn about the challenges in providing RMC along with strategies to overcome them.

Level	Beginner
Commitment	1 week of study, 7-8 hours
Language	English
How to Pass	Pass all graded assignments to complete the course
User Rating	Star rating with one being least and five being highest

Content overview/Description

In every country and community around the world, pregnancy and childbirth are hugely important events in the lives of women and families and also a time of great vulnerability. The relationship between maternity caregivers and the maternity care system during this time is incredibly important.

In addition to bringing vital, life-saving health services, women's experiences with maternity caregivers have the power to give strength and comfort or to cause lasting damage thus leading to emotional trauma. Either way, women's memories of their childbearing experiences stay with them for their lifetime.

Imagine the personal treatment you would expect from a maternity care provider entrusted to help you or a woman you love give birth. Naturally, we want good judgement and clinical competence, and imagine a relationship that is characterized by caring, empathy, trust, support, confidence, empowerment, and gentle, respectful, effective communication.

Unfortunately, too many women do not have a positive birth experience.

This course is about disrespect and abuse of women during maternity care, and what we can do to tackle this problem and be absolutely compassionate towards the mothers.

This Module includes:

Seven Chapters

Seven videos

Ten Research Articles

Requirements:

One week of commitment for module completion

Total duration of 7-8 hours

Practice Exercises/Quiz at the end for assessments

Glossary of terms:

GOI - *Government of India*

ICM - *The International Confederation of Midwives*

MCHIP - *Maternal and Child Health Integrated Program*

MHFT - *Maternal Health Task Force*

MLCU - *Midwife Led Care Unit*

RMNC - *Respectful Maternity and Newborn Care*

RMC - *Respectful Maternity Care*

USAID - *United States Agency for International Development*

WRA- *White Ribbon Alliance*

WHO - World Health Organization

Resource/Reference Material

Textbook- ROAR-The Roar behind silence: Why kindness, compassion, and respect matter in maternity care.

Additional Reading Material-

[https://www.mhtf.org/topics/respectful-maternity-care/;](https://www.mhtf.org/topics/respectful-maternity-care/)

<https://www.birthplacelab.org/publications-presentations/>

www.lancet.com;

https://toolkits.knowledgesuccess.org/sites/default/files/rmc_learning_resource_package.pdf

<https://apps.who.int/iris/bitstream/handle/10665/260178/9789241550215-eng.pdf;jsessionid=7E800B590A164DC7FC879E73B480D6FC?sequence=1>

<https://www.whiteribbonalliance.org/>

FAQ:

1. What is this module about?

The module gives you an overview of the concept of RMC, the current scenario in India. It emphasizes the role of Midwives and guides other health care providers in implementing RMC in health care settings.

2. How can I enroll?

The module is available on Aastar digital platform. You have to sign up to enroll for the module

3. Who can take up this module?

All health care professionals can take up this module. This helps in giving you evidence-based learning and the self-reflection exercises help you in decision making and addressing challenges of RMC.

4. Can I get guidance from an expert?

There will be scheduled interactive sessions to have expert guidance.

5. Will I be informed of the interactive sessions?

After getting enrolled you will automatically receive notifications regarding the same

6. How can I know the progress of my assignments?

You can view the progress in your dashboard and receive notifications for the same.

7. Can I get technical assistance?

Please write to - information@aastrika.org and they will respond to you at the earliest.