



A unit of **FERNANDEZ** FOUNDATION

**Positions in Labour and Respectful Maternity Care
21st - 25th July 2019**

GUJARAT PROJECT

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Fernandez Foundation & UNICEF Workshop **Different Positions in Labour**



Background:

It is more common for women in both high- and low-income countries giving birth in health facilities, to labour in bed. There is no evidence that this is associated with any advantage for women or babies, although it may be more convenient for staff. Care providers may also be more comfortable with the lying or semi-sitting position because this is how most of medical professionals have been trained to attend births (Gupta et al. 2017). Care providers need to be aware of advantages of the various labour postures which have a positive impact on the labour process and maternal experience. Involvement in decision making, support in labour, a positive relationship with care provider, not being restricted in choice of movement and position have been found to have much higher impact on the overall experience.

Overview:

Fernandez Foundation was invited by UNICEF Gujarat to facilitate a workshop on different positions in labour. There were 20 delegates including 6 obstetricians and Nurse midwife practitioners from various districts in Gujarat. The training was scheduled from the 21st July to 25th July 2019 in the Civil Hospital, Gujarat.

The Fernandez Faculty team

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Manjula Macharapu Professional Midwife

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